

**AMERICAN SOKOL NATIONAL INSTRUCTOR SCHOOL 2010
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

IN CONSIDERATION of being given the opportunity to participate in any AMERICAN SOKOL NATIONAL INSTRUCTOR SCHOOL ("SCHOOL") activities from July 11 to July 25, 2010, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, AGREE AND REPRESENT that I understand the nature of school activities, including class work, marching, folk dance, artistic & rhythmic gymnastics, spotting, sports, games and others, both indoor and outdoor ("SCHOOL ACTIVITIES") and that I am qualified, in good health and in proper physical condition to participate in such activities;

2. FULLY UNDERSTAND THAT: A) SCHOOL ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("RISKS"); B) these RISKS and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the SCHOOL ACTIVITIES, the conditions in which the SCHOOL ACTIVITIES take place, or the negligence of the RELEASEES named below; C) there may be other RISKS and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the SCHOOL ACTIVITIES;

3. AGREE AND WARRANT that I examine and inspect each SCHOOL ACTIVITY in which I take part as a student at the AMERICAN SOKOL NATIONAL INSTRUCTOR SCHOOL and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the SCHOOL ACTIVITY and will refuse to take part in the SCHOOL ACTIVITY until the condition has been corrected to my satisfaction;

4. HEREBY RELEASE, DISCHARGE AND COVENANT NOT TO SUE American Sokol, Sokol Greater Cleveland, or the Northeastern District, their administrators, directors, agents, officers, volunteers and employees, other participants, and if applicable, owners or lessors of the premises on which the SCHOOL ACTIVITIES take place, (each considered one of the RELEASEES herein) from all liability, claims, demands, losses or damages on my account, caused or alleged to be caused in whole or in part by the negligence of the RELEASEES or otherwise, and I further agree that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, I, or anyone on my behalf makes a claim against any of the RELEASEES, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the RELEASEES from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant _____ Date _____

Address _____

_____ Phone _____

Signature (only if over 18 years of age)

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of SCHOOL ACTIVITIES and believe the minor to be qualified to participate in such SCHOOL ACTIVITIES. I HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE, and AGREE TO INDEMNIFY, SAVE, AND HOLD HARMLESS each of the RELEASEES from all liability, claims, demands, losses or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the RELEASEES or otherwise, and I further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above RELEASEES, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of any such claim.

Printed Name of Parent/Guardian _____ Date _____

Address _____

_____ Phone _____

Signature of Parent/Guardian (only if participant is under 18 years of age)